

123rd Legislators' Contact Information

Prepared by Sue Crawford

As you know, the Second Regular Session of the 123rd Legislature convened on January 2nd. Statutory adjournment is April 16th. Between now and the end of the legislative session, you may want to contact your Legislator or members of a specific Legislative Committee. Obviously you should feel free at any time of year to contact your elected officials to share your comments, concerns or thoughts.

Contacting Legislators has never been easier. You may select one or all of a variety of avenues to reach members of the Legislature. Resources located at the end of this document include home mailing addresses, e-mail addresses both at the Statehouse and at home, home phone numbers and fax numbers. There is a list of State Senators, State Representatives and if you are not sure who your elected official is, I have attached a list of Legislators by the towns they serve.

During the Legislative Session you may also phone the Clerk of the House at 287-1400 or toll free at 1-800-423-2900 or the Secretary of the Senate at 287-1540 or toll free at 800-423-6900 to leave a message for your Legislator. If they are in session, your message will be delivered immediately; otherwise the message will be left on the Legislator's desk in the chamber where they serve to be retrieved the next legislative day.

While email, phone calls, letters and postcards are all options for getting in touch with Legislators, you may also choose to prepare testimony to present, in person, to a Legislative Committee or to submit it to the committee clerk prior to a hearing regarding a piece of proposed legislation.

The State of Maine's website contains a tremendous amount of information about the Legislature. As a matter of fact, you can even listen to the House of Representatives and the Maine Senate while they are in session. To learn more about the Legislature, go to www.maine.gov and click on "Government" on the left hand side of the homepage. From there, about halfway down in the middle column you will find a link to the State Legislature. Take a half hour someday and browse the site, I guarantee you will find something of interest.

In regards to issues relating to the federal government, I have also attached names, addresses, email addresses and phone numbers for our Congressional Delegation.

Finally, I have a few "Dynamics Under the Dome" CD's left over from the MREMA fall conference. The CD provides information about the legislative process. If you would like a copy, please feel free to contact me. I will mail a copy to you for the cost of the mailer and

postage. The document is also available in a pdf file that I can email you. If you would like a copy of the CD or electronic files, please contact me at suecrawford@verizon.net.

RESOURCE INFORMATION

<http://www.maine.gov/legis/senate/senators/email/Senators.List.xls> (State Senators)

<http://janus.state.me.us/house/123house.xls> (House Members)

<http://janus.state.me.us/house/townlist.htm> (by town)

United States Senate

[Susan Collins](#) (R)
461 Dirksen Senate Office Building
Washington, D. 20510
(202) 224-2523
www.collins.senate.gov

[Olympia Snowe](#) (R)
154 Russell Senate Office Building
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olympia@snowe.senate.gov

United States House of Representatives

[Thomas H. Allen](#) (D)
1st district
1717 Longworth House Office Building
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(202) 225-6116
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[Michael Michaud](#) (D)
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1724 Longworth House Office Building
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